

# WASH WITHOUT WATER



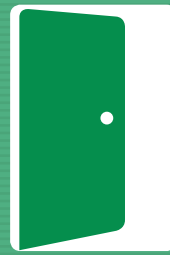
## GET READY



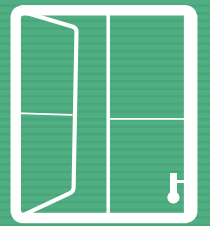
**Warm the Wet Wash Gloves**  
in the microwave for  
30 seconds (900 Watts)



**Find clean clothes,**  
clean cover, disposable bag  
for used gloves

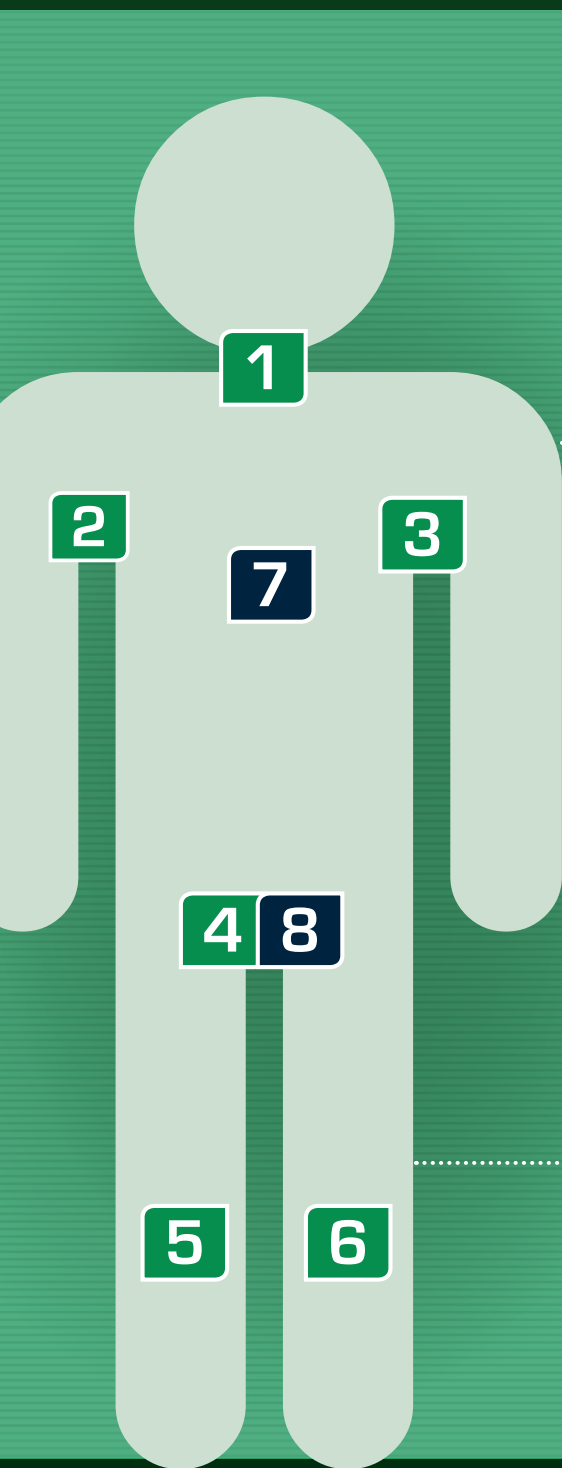


**Close the door**  
or curtains  
around the bed



**Close windows**  
and heat the room  
if needed

## Make bed bathing a pleasant experience



### If the patient needs a hair wash:

- Start or end with the hair wash
- Pre-heat Shampoo Cap
- Put hair in Shampoo Cap
- Massage for 2 minutes
- Take off and brush hair



### The package contains 8 gloves for a full body wash:

- 1 Face, Neck and chest
- 2 Left arm, armpit and side of body
- 3 Right arm, armpit and side of body
- 4 Front and intimate parts
- 5 Right leg and foot
- 6 Left leg and foot

### Turn patient

- 7 Back – upper part
- 8 Back – lower part and buttocks

### REMEMBER!



Dispose each  
glove after use



Use protective gloves  
when needed



Have a good talk and explain  
the washing process in simple  
and easy-to-understand terms



Avoid unnecessary movement  
and ensure patient safety  
at all times



Rub the body towards the heart  
to increase blood circulation



Cover the body areas that  
are not being washed



Pay special attention to wounds  
or intravenous/arterial devices



Observe and document as  
part of the care planning

